

General Pre-surgery instructions

These are provided for you as a guideline.

Attend your Pre-admission testing appointment at the hospital. If you have not been given an appointment time you may call 816-276-4785 to make an appointment.

Please check in to the West Outpatient Center for your surgery at your designated check in time. Generally this will be two hours prior to your surgery time. Every effort will be made to keep your scheduled surgery date and time but due to the nature of a neurosurgical practice emergencies can occur that require us to make changes.

Do not eat or drink after midnight or 8 hours before surgery. When you brush your teeth do not swallow any water. Do not chew gum, tobacco, or smoke. Heart and blood pressure medications may be taken with a sip of water the morning of surgery. Please check with your primary care physician regarding any medication you take on a regular basis.

Medications you must stop one week prior to surgery: Aspirin, aspirin products, non-steroidal anti-inflammatories (Advil, Ibuprofen, Aleve, Motrin, Nuprin, Naproxen, and Naprosyn). If you are on blood thinners such as Coumadin, Plavix or Pletal, please consult with your prescribing physician on instructions.

Medications you must stop two weeks prior to surgery: Vitamins, garlic tablets, diet pills, and over the counter herbal supplements.

You may continue to take pain medications such as Tylenol, Vicodin, Hydrocodone, and Norco as directed.

Please shower on the morning of your surgery.

Do not wear facial make-up.

Leave all valuables at home including jewelry or large sums of money.

Bring your glasses and a case for your glasses. Do not wear contact lenses to the hospital.

Bring your photo ID and insurance card.

Wear comfortable and loose clothing.